

# online-Kursplan Mai 2021

Montag	Dienstag	Mittwoch	Donnerstag
	<b>10:30 - 11:30 Uhr</b> <b>Seniorenport</b> <a href="https://us02web.zoom.us/j/85359458519?pwd=MjVnVVRkOjFVFTBjI2ck9hcVhmdz09">https://us02web.zoom.us/j/85359458519?pwd=MjVnVVRkOjFVFTBjI2ck9hcVhmdz09</a> Kenncode: 041386		<b>10:00 - 11:00 Uhr</b> <b>Seniorenport</b> <a href="https://us02web.zoom.us/j/85359458519?pwd=MjVnVVRkOjFVFTBjI2ck9hcVhmdz09">https://us02web.zoom.us/j/85359458519?pwd=MjVnVVRkOjFVFTBjI2ck9hcVhmdz09</a> Kenncode: 041386
<b>18:00 - 19:00 Uhr</b> <b>Zumba</b> <a href="https://zoom.us/j/94100469797?pwd=VjFSGV3YTJlSWVVGanNkeStHc3YzUT09">https://zoom.us/j/94100469797?pwd=VjFSGV3YTJlSWVVGanNkeStHc3YzUT09</a> Kenncode: 483264		<b>18:00 - 18:45 Uhr</b> <b>Rehasport</b> <a href="https://zoom.us/j/93897228206?pwd=U2hiL1lWFR1S2xOT1dGdkxTeRyQT09">https://zoom.us/j/93897228206?pwd=U2hiL1lWFR1S2xOT1dGdkxTeRyQT09</a> Kenncode: 512552	<b>18:00 - 19:00 Uhr</b> <b>Pilates</b> <a href="https://zoom.us/j/91038570656?pwd=angvVzdOM2FuZVU1QlVGOK1dFo4QT09">https://zoom.us/j/91038570656?pwd=angvVzdOM2FuZVU1QlVGOK1dFo4QT09</a> Kenncode: 485506
<b>18:30 - 19:30 Uhr</b> <b>Yoga</b> <a href="https://us02web.zoom.us/j/98571718061?pwd=b1pXY2lFeidUbDY5b1A2N01nMGxTdz09">https://us02web.zoom.us/j/98571718061?pwd=b1pXY2lFeidUbDY5b1A2N01nMGxTdz09</a> Kenncode: 402328		<b>19:30 - 20:30 Uhr</b> <b>BodyFit</b> <a href="https://zoom.us/j/92011989494?pwd=YlVvdXM2V2VvYmduWmlDSXZFWidvdz09">https://zoom.us/j/92011989494?pwd=YlVvdXM2V2VvYmduWmlDSXZFWidvdz09</a> Kenncode: 773899	
<b>19:30 - 20:30 Uhr</b> <b>Pilates</b> <a href="https://zoom.us/j/91038570656?pwd=angvVzdOM2FuZVU1QlVGOK1dFo4QT09">https://zoom.us/j/91038570656?pwd=angvVzdOM2FuZVU1QlVGOK1dFo4QT09</a> Kenncode: 485506	<b>20:00 - 21:00 Uhr</b> <b>TRX alternativ</b> <a href="https://zoom.us/j/91387303006?pwd=cWkwOC9SMi9uazFzaXZlYnZoaWVQdz09">https://zoom.us/j/91387303006?pwd=cWkwOC9SMi9uazFzaXZlYnZoaWVQdz09</a> Kenncode: 304603		